

HAPPY EASTER



HOW TO APPLY

COMPLETE APPLICATION FORM ONLINE

- Visit our website www.fitnessbydesign.ie
- Click on Easter Camp Application
- Open the booking form document.
- Application form must be completed in full: Name / Names / Age / Ages, medical conditions and all contact details
- We will acknowledge your application form and booking details by phone / text
- Registration and Payment will take place on Sunday 2nd April. Details of times will be sent out to parents in advance.

CONTACT US

Fitness by design Ltd, Springfield House
Mullinavat, Co Kilkenny

PARENT INFORMATION LINES

Mobile: 086 1246650 - Declan Wall (Camp Co-ordinator)
Mobile: 086 1049921 - Paul Quinn (Camp Co-ordinator)
Email: info@fitnessbydesign.ie
Website: fitnessbydesign.ie

BOOKING CONDITIONS

- Payment is regarded as acceptance of the booking conditions.
- Any participant whose conduct is deemed by the camp manager to be detrimental to the best interest of the programme will be dismissed - no refund will be made.
- Cancellations are subject to the forfeiture of the camp fee.
- The programme will operate to the highest safety standards; we shall not be responsible for any illness, death, accident or loss of property unless occasioned by the proven negligence on the part of the Camp Directors or employees.
- Photographs may be taken for promotional reasons.
- Places are allocated on a first come first served basis.
- Permission is granted to seek medical treatment in the event of an accident.
- We shall not be responsible for any children left unsupervised at our venue before 9.00am or after 2.30pm.



GREAT FUN FOR BOYS & GIRLS BETWEEN 5 - 11 YEARS OF AGE!

SUPER EASTER ACTIVITIES CAMPS 2023



PROMOTING A HEALTHY ATTITUDE TOWARDS
EXERCISE AND PHYSICAL ACTIVITY

BE PART OF THE ACTION!

DEAR PARENTS

WELCOME TO OUR EASTER ACTIVITIES AND GAME CAMPS FOR 2023

Fitness by design are proud to offer a fun packed all action activities programme for children aged 5-11 years of age during the Easter break.

As well as having great fun and meeting new friends, your child will enjoy an exciting camp programme in a safe environment.

All activities are taught by experienced camp leaders.

We pride ourselves on offering great value for money and ultimately providing a memorable experience for your child.

We very much look forward to meeting you at this year's Easter camps.

Declan Wall

Declan Wall
BA Phys Ed

Paul Quinn

Paul Quinn
BSc Phys Ed



CAMP STRUCTURE

Duration:
9.30 - 2.00 Monday to Thursday

Cost:
€70 per child

Discount:
20% discount for 3 or more children

Groups:
Children will be placed in groups of similar age

Lunch break:
Fully supervised

What you need to bring to the camp?
Please bring packed lunch/drinks/outdoor gear/runners and sportswear.



BE PART OF THE ACTION!

ACTIVITIES 2023

Spongee Polo
Mini – Olympics
Super Easter Quizzes
Frisbee Games
Parachute Games
Scoot Racing
Space Hoppers
Rounders
Easter Egg Hunt
Crazy Soccer
Tag Rugby
Dodge Ball
Giant Go for Goal Games
Inflatable Games
Pet Farm
Obstacle Course

Attack and React Lights
Target Challenge
Speed Stacks
Arts and Crafts
Treasure "Easter" Hunt
Problem Solving
Team Challenges
Fitness Challenge
Clay Modelling
Easter Party
Oppy Races



CAMP VENUES

**St. Marys National School,
Thomastown, Co Kilkenny**

Monday 3rd to Thursday the 6th of April

**Gowran National School,
Gowran, Co Kilkenny**

Monday 3rd to Thursday the 6th of April

**Mooncoin GAA Grounds,
Mooncoin, Co. Kilkenny**

Monday 3rd to Thursday the 6th of April

