

APPLICATION FORM

The application form must be completed in full and returned to Fitness by design Ltd, Springfield House, Mullinavat, Co Kilkenny by the Wednesday before the camp begins.

Name _____ Age _____

1. _____

Address _____

2. _____

Address _____

3. _____

Address _____

CAMP VENUE

- Week 27th July – 31st July
St. Marys National School, Thomastown, Co. Kilkenny
- Week 27th July – 31st July
Gowran National School, Gowran, Co Kilkenny
- Week 3rd August – 7th August
Mullinavat Community Centre, Co. Kilkenny
- Week 3rd August – 7th August
Mooncoin GAA Grounds, Mooncoin, Co. Kilkenny

CONTACT DETAILS

Email _____

Telephone No. _____

Emergency Contact No. _____

School _____

Please indicate any medical condition or special needs we ought to be aware of

Parents/guardians signature _____

Print Name _____

CANCELLATIONS ARE SUBJECT TO THE FORFEITURE OF THE FULL CAMP FEE OF €30

HOW TO APPLY

You can provisionally book a place for your child by texting or emailing us your child's full name, age, address, Parent /Guardian name and mobile phone number and any relevant medical/health conditions that your child has that may affect their participation in our camp. However to complete your child's full registration you are required to attend the camp venue on Sunday, the day before the camp is due to start from 11:30am to 1:00pm.

Payment must be made in full for each child during registration. The correct fee must be placed in an envelope with the each child's full name and accompanied by a completed application which can be downloaded from our website www.fitnessbydesign.ie Payments will be accepted by cash, cheque or contactless. Only when payment is received will your child's place be confirmed.

PARENT INFORMATION LINES

Mobile: **086 1246650 - Declan Wall** (Camp Co-ordinator)

Mobile: **086 1049921 - Paul Quinn** (Camp Co-ordinator)

Email: info@fitnessbydesign.ie

Website: fitnessbydesign.ie

The closing date for receipt of completed application forms is the Wednesday before the camp is due to start.

THIS YEARS CAMPS WILL HAVE REDUCED CAPACITY SO PLEASE BOOK EARLY TO AVOID DISAPPOINTMENT.

BOOKING CONDITIONS

- Any participant whose conduct is deemed by the camp manager to be detrimental to the best interest of the programme will be dismissed - no refund will be made. Cancellations are subject to forfeiture of the booking deposit.
- Photographs may be taken for promotional reasons.
- Places are allocated on a first come first served basis.
- Permission is granted to seek medical treatment in the event of an accident.
- We shall not be responsible for any children left unsupervised at our venue before 9.00am or after 2.30pm.
- Parents need to be aware of risks involved in the various activities and ensure participants are in good health prior to taking part



GREAT FUN FOR BOYS & GIRLS BETWEEN 5 - 11 YEARS OF AGE!

SUPER SUMMER CAMP

ACTIVITIES CAMPS 2020



PROMOTING A HEALTHY ATTITUDE TOWARDS EXERCISE AND PHYSICAL ACTIVITY

BE PART OF THE ACTION!

DEAR PARENTS

Welcome to our SUPERSUMMER Activities Camps for 2020

I'm delighted to inform you that 'Super Summer Activities Camps' will take place this year in accordance with the health and safety guidance issued by the HSE and our Government. In order to keep each participant, parent and staff member safe during our camps we have introduced a number of health and safety protocols. As a result of these measures our camps will still be amazing fun and entertainment for your child but will require your cooperation and understanding as we aim to make them a safe and enjoyable experience for each participant.

All activities are taught by experienced camp leaders. We pride ourselves on offering great value for money and ultimately providing a memorable experience for your child.

We very much look forward to meeting you at this year's camps.

Declan Wall *Paul Quinn*

Declan Wall
BA Phys Ed

Paul Quinn
BSc Phys Ed



CAMP STRUCTURE

Duration:
9.30 - 2.00 Monday to Friday

Cost:
1 weeks camp €80 per child

Discount:
20% discount for 3 or more children

Groups:
Children will be placed in groups of similar age

Lunch break:
Fully supervised

What you need to bring to the camp?
Please bring hand sanitizer, packed lunch, drinks, sun cream, sun hat, runners and sportswear.



BE PART OF THE ACTION!

ACTIVITIES 2020



Spongee Polo
Scoot Racing
Bucket Blast
Mini – Orienteering
Giant Go for Goal Games
Rounder's
Crazy Soccer
Tag Rugby
Dodge Ball
Mini – Olympics
Arts and Crafts
Inflatable Speed Cage
Attack and React
Lights
Shoot Out Challenge
Speed Stacks

Tug Of War
Treasure Hunt
Team Challenges
Problem Solving
Water Relays
Fitness Challenge
Ball machine Dodgeball
Super Quizzes
Bingo
Eliminator
Outdoor Board Games
Garden Games

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Week 27th July – 31st July

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SUPER SUMMER
€80
SUPER SUMMER ACTIVITIES
END OF CAMP PARTY,
GROUP PHOTO