

APPLICATION FORM

Application form must be completed in full and returned to guarantee a place on our activities camp

Name _____ Age _____

1. _____

Address _____

2. _____

Address _____

3. _____

Address _____

CAMP VENUE

- Week 15th July – 19th July
St. Marys National School, Thomastown, Co. Kilkenny
- Week 22nd July – 26th July
Gowran National School, Gowran, Co Kilkenny
- Week 22nd July – 26th July
Mullinavat Community Centre, Co. Kilkenny
- Week 29th July – 2nd August
Mooncoin GAA Grounds, Mooncoin, Co. Kilkenny

CONTACT DETAILS

Email _____

Telephone No. _____

Emergency Contact No. _____

School _____

Please indicate any medical condition or special needs we ought to be aware of

Parents/guardians signature _____

Print Name _____

HOW TO APPLY

By Post - COMPLETE APPLICATION FORM

- Application form must be completed in full Name/Names/Age/Ages and all contact details
- Return completed form as soon as possible to our office
- We will acknowledge your application form post/phone/email
- The fee of €80 is paid on the first morning. (No deposit required).

CONTACT US

Fitness by design Ltd, Springfield House
Mullinavat, Co Kilkenny

PARENT INFORMATION LINES

Mobile: 086 1246650 - Declan Wall (Camp Co-ordinator)

Mobile: 086 1049921 - Paul Quinn (Camp Co-ordinator)

Email: info@fitnessbydesign.ie

Website: fitnessbydesign.ie

Closing date for application forms is the
Wednesday before the camp starts

BOOKING CONDITIONS

- Application form completed and returned is regarded as acceptance of the booking conditions.
- Any participant whose conduct is deemed by the camp manager to be detrimental to the best interest of the programme will be dismissed - no refund will be made.
- Cancellations are subject to forfeiture of the booking deposit.
- The programme will operate to the highest safety standards; we shall not be responsible for any illness, death, accident or loss of property unless occasioned by the proven negligence on the part of the Camp Directors or employees.
- Photographs may be taken for promotional reasons.
- Places are allocated on a first come first served basis.
- Permission is granted to seek medical treatment in the event of an accident.
- We shall not be responsible for any children left unsupervised at our venue before 9.00am or after 2.30pm.
- Parents need to be aware of risks involved in the various activities and ensure participants are in good health prior to taking part



GREAT FUN FOR BOYS & GIRLS BETWEEN 5 - 12 YEARS OF AGE!

SUMMER CAMP ACTIVITIES CAMPS 2019



PROMOTING A HEALTHY ATTITUDE TOWARDS
EXERCISE AND PHYSICAL ACTIVITY

BE PART OF THE ACTION!

DEAR PARENTS

Welcome to our **SUPERSUMMER Activities Camps** for 2019

This year's camps offer a fun packed all action activities programme for children aged 5-12 years of age. As well as having great fun and meeting new friends, your child will enjoy an exciting camp programme in a safe environment.

All activities are taught by experienced camp leaders. We pride ourselves on offering great value for money and ultimately providing a memorable experience for your child.

We very much look forward to meeting you at this year's camps.

Declan Wall *Paul Quinn*

Declan Wall
BA Phys Ed

Paul Quinn
BSc Phys Ed



CAMP STRUCTURE

Duration:
9.30 - 2.00 Monday to Friday

Cost:
1 weeks camp €80 per child

Discount:
20% discount for 3 or more children

Groups:
Children will be placed in groups of similar age

Lunch break:
Fully supervised

What you need to bring to the camp?
Please bring packed lunch, drinks, sun cream, sun hat, runners and sportswear.



BE PART OF THE ACTION!

ACTIVITIES 2019



Spongee Polo
Scoot Racing
Cookery Class
Bucket Blast
Mini – Orienteering
Giant Go for Goal Games
Bouncy Castle
Rounder's
Crazy Soccer
Tag Rugby
Dodge Ball
Mini – Olympics
Arts and Crafts
Inflatable Speed Cage
Attack and React Lights
Shoot Out Challenge
Speed Stacks

Tug Of War
Treasure Hunt
Team Challenges
Problem Solving
Water Relays
Fitness Challenge
Ball machine Dodgeball
Wet & Wild
Super Quizzes
Bingo
Eliminator
Outdoor Board Games
Water Fight
Garden Games

CAMP VENUES

**St. Marys National School,
Thomastown, Co. Kilkenny**

Week 16th July – 20st July

**Gowran National School,
Gowran, Co Kilkenny**

Week 23rd July – 27th July

**Mullinavat Community
Centre, Co. Kilkenny**

Week 23rd July – 27th July

**Mooncoin GAA Grounds,
Mooncoin, Co. Kilkenny**

Week 30th July – 3rd August

