

APPLICATION FORM

Name _____ Age _____

1. _____

Address _____

2. _____

Address _____

3. _____

Address _____

CAMP VENUE

- Monday 26th March to Thursday 29th March
Mooncoin GAA Grounds, Mooncoin, Co. Kilkenny
- Monday 26th March to Thursday 29th March
St. Marys National School, Thomastown, Co Kilkenny
- Monday 26th March to Thursday 29th March
Gowran National School, Gowran, Co Kilkenny

CONTACT DETAILS

Email _____

Telephone No. _____

Emergency Contact No. _____

School _____

Please indicate any medical condition or special needs we ought to be aware of

DEPOSIT FEE

Return completed form as soon as possible to our office to guarantee booking

Parents/guardians signature _____

Print Name _____

HOW TO APPLY

By Post - COMPLETE APPLICATION FORM

- Application form must be completed in full Name/Names/Age/Ages and all contact details
- Return completed form as soon as possible to our office
- We will acknowledge your application form by post/phone/email
- The fee of €55 is paid on the first morning. (No deposit required).

CONTACT US

Fitness by design Ltd, Springfield House
Mullinavat, Co Kilkenny

PARENT INFORMATION LINES

Mobile: 086 1246650 - Declan Wall (Camp Co-ordinator)
Mobile: 086 1049921 - Paul Quinn (Camp Co-ordinator)
Email: info@fitnessbydesign.ie
Website: fitnessbydesign.ie

BOOKING CONDITIONS

- Payment is regarded as acceptance of the booking conditions.
- Any participant whose conduct is deemed by the camp manager to be detrimental to the best interest of the programme will be dismissed- no refund will be made.
- Cancellations are subject to forfeiture of the booking deposit.
- The programme will operate to the highest safety standards; we shall not be responsible for any illness, death, accident or loss of property unless occasioned by the proven negligence on the part of the Camp Directors or employees.
- Photographs may be taken for promotional reasons.
- Places are allocated on a first come first served basis.
- Permission is granted to seek medical treatment in the event of an accident.
- We shall not be responsible for any children left unsupervised at our venue before 9.00am or after 2.30pm.



GREAT FUN FOR BOYS & GIRLS BETWEEN 5 - 12 YEARS OF AGE!

SUPER EASTER ACTIVITIES CAMPS 2018



PROMOTING A HEALTHY ATTITUDE TOWARDS
EXERCISE AND PHYSICAL ACTIVITY

BE PART OF THE ACTION!

DEAR PARENTS

WELCOME TO OUR EASTER ACTIVITIES AND GAME CAMPS FOR 2018

Following the success of our super summer activities camp Fitness by design are proud to offer a fun packed all action activities programme for children aged 5-12 years of age during the Easter break.

As well as having great fun and meeting new friends, your child will enjoy an exciting camp programme in a safe environment.

All activities are taught by experienced camp leaders. We pride ourselves on offering great value for money and ultimately providing a memorable experience for your child.

We very much look forward to meeting you at this year's Easter camps.

Declan Wall *Paul Quinn*

Declan Wall
BA Phys Ed

Paul Quinn
BSc Phys Ed



CAMP STRUCTURE

Duration:
9.30 - 2.00 Monday to Thursday

Cost:
1 weeks camp €55 per child

Discount:
20% discount for 3 or more children

Groups:
Children will be placed in groups of similar age

Lunch break:
Fully supervised

What you need to bring to the camp?
Please bring packed lunch/drinks/outdoor gear/runners and sportswear.



BE PART OF THE ACTION!

ACTIVITIES 2018



- | | |
|-------------------------|-------------------------|
| Spongee Polo | Attack and React Lights |
| Mini - Olympics | Target Challenge |
| Super Easter Quizzes | Speed Stacks |
| Frisbee Games | Arts and Crafts |
| Parachute Games | Treasure "Easter" Hunt |
| Bucket Blast | Problem Solving |
| Scoot Racing | Team Challenges |
| Space Hoppers | Fitness Challenge |
| Rounders | Clay Modelling |
| Easter Egg Hunt | Easter Party |
| Crazy Soccer | Oppy Races |
| Tag Rugby | |
| Dodge Ball | |
| Giant Go for Goal Games | |

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Mooncoin, Co. Kilkenny

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Thursday 29th March

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Thomastown, Co Kilkenny

Monday 26th March to
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Monday 26th March to
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€55
SUPER EASTER
SPECIAL VISIT FROM
THE EASTER
BUNNY