

Application Form

Name _____ Age _____
1. _____
Address _____
2. _____
Address _____
3. _____
Address _____

Camp Venue (please tick box)

- Week 4th - 8th July - Castlecomer Community School, Castlecomer, Co. Kilkenny
- Week 4th - 8th July - GAA Club, Father Breen Park, Abbeyleix, Co. Laois
- Week 11th - 15th July - Ardscoil na Tríonóide School, Athy, Co. Kildare
- Week 18th - 22nd July - Eire Og GAA Grounds, Eire Og, Co. Carlow
- Week 25th - 29th July - Mullinavat Primary School, Co. Kilkenny
- Week 1st - 5th August - Ballyhale GAA Grounds, Ballyhale, Co. Kilkenny
- Week 8th August -12th August - Mooncoin GAA Grounds, Mooncoin, Co. Kilkenny
- Week 8th August - 12th August - St. Marys National School, Thomastown, Co Kilkenny

Contact Details

Email _____

Telephone No. _____

Emergency Contact No. _____

School _____

Please indicate any medical condition or special needs we ought to be aware of:

DEPOSIT FEE

Each application must be accompanied by a deposit of €20 per child (non-refundable/non transferable).

I enclose €20 deposit

Parents/Guardians Signature _____

How to apply

By Post - COMPLETE APPLICATION FORM

- Enclose €20 deposit (non-refundable/non transferable) per child (Cheques/postal orders made payable to Fitness by design Ltd).
- Return completed form together with deposit as soon as possible to our office
- We will acknowledge your application form by post/phone/email
- The balance of the fee €50 is paid on the first morning.

CONTACT US

Fitness by design Ltd
Springfield House
Mullinavat
Co Kilkenny

PARENT INFORMATION LINES

Tel: **051 898742**

Fax: **051 898743**

Mobile: **086 1246650 - Declan Wall** (Camp Co-ordinator)

Mobile: **086 1049921 - Paul Quinn** (Camp Co-ordinator)

Email: **info@fitnessbydesign.ie**

Website: **fitnessbydesign.ie**

Booking Conditions

- Payment is regarded as acceptance of the booking conditions.
- Any participant whose conduct is deemed by the camp manager to be detrimental to the best interest of the programme will be dismissed - no refund will be made.
- Cancellations are subject to forfeiture of the booking deposit.
- The programme will operate to the highest safety standards; we shall not be responsible for any illness, death, accident or loss of property unless occasioned by the proven negligence on the part of the Camp Directors or employees.
- Photographs may be taken for promotional reasons.
- Places are allocated on a first come first served basis.
- Permission is granted to seek medical treatment in the event of an accident.
- We shall not be responsible for any children left unsupervised at our venue before 9.00am or after 2.30pm.



great fun for boys & girls between 5 to 12 years of age

SUPERSUMMER ACTIVITIES CAMPS 2011



PROMOTING A HEALTHY ATTITUDE TOWARDS
EXERCISE AND PHYSICAL ACTIVITY

BE PART OF THE ACTION!

Dear Parents

Welcome to our **SUPER SUMMER Activities Camps** for 2011.

This year's camps offer a fun packed all action activities programme for children aged 5-12 years of age. As well as having great fun and meeting new friends, your child will enjoy an exciting camp programme in a safe environment.

All activities are taught by experienced camp leaders. We pride ourselves on offering great value for money and ultimately providing a memorable experience for your child.

We very much look forward to meeting you at this year's camps.

Declan Wall
BA Phys Ed

Paul Quinn
BSc Phys Ed



Camp Structure

Duration: 9.30 - 2.00
Monday to Friday

Cost: 1 weeks camp
€70 per child

Discount: 20% discount
for 3 or more children

Groups: Children will be placed
in groups of similar age

Lunch break: Fully supervised

What you need to bring to the camp?

Please bring packed lunch/drinks/sun cream/sun hat, runners and sportswear.



BE PART OF THE ACTION!

ACTIVITIES 2011

- | | |
|-----------------------|-------------------------|
| Spongee Polo | Scout Racing |
| Kinnect – 4 | Bucket Blast |
| Mini – Orienteering | Giant Go for Goal Games |
| Scout Racing | Kangaroo Hopper |
| Rounder's | NEW Crazy Soccer |
| Tag Rugby | Dodge Ball |
| Mini – Olympics | Super Scoop |
| Inflatable Speed Cage | Attack and React Lights |
| Shoot Out | Challenge |
| Speed Stacks | Tug Of War |
| Treasure Hunt | Arts And Crafts |
| Team Challenges | Problem Solving |
| Water Relays | NEW Giant Balls |
| Fitness Challenge | Team Ski |
| NEW Eliminator | NEW Wet & Wild |

Camp Venues

- **Week 4th July – 8th July**
Castlecomer Community School, Castlecomer, Co. Kilkenny
- **Week 4th July – 8th July**
GAA Club, Father Breen Park, Abbeyleix, Co. Laois
- **Week 11th July – 15th July**
Ardcoil na Tríonóide School, Athy, Co. Kildare
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